

## Programming at the Fire Pit

In the street-level setting of the Fire Pit, we engage in activities which encourage people to feel safe and to value themselves. This process allows people to take part in cultural activities that lead to healing and reduce risky behaviours.

**The Fire Pit is a place where people can gather to relax with friends, learn, share and understand culture, health and community.**

It is a place where you can do crafts, artwork, have a bite to eat, join a talking circle, talk to a supportive staff and get more information about health, HIV/AIDS and HCV.



**Come and join us at the Fire Pit! We look forward to seeing you!**



## Fire Pit Cultural Drop-In Centre

**Hours: Monday to Friday  
1:00pm to 4:30pm**

Call us to find out about our seasonal hours!

**Phone: (250) 563-6113  
Fax: (250) 563-6160**

[www.positivelivingnorth.org](http://www.positivelivingnorth.org)

1120 Third Avenue,  
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## The Fire Pit's Philosophy

The Fire Pit's philosophy directly reflects how creating a safe space, where trust is established, leads to healing from the root causes of this epidemic.

The healing journey experienced at the Fire Pit is aimed at reducing people's risk of contracting HIV/AIDS/HCV. The Fire Pit walks with people along this path by providing support and resources through the following stages:

- ~ **Creating a safe environment of comfort and acceptance.**
  - ~ **Building healthy relationships.**
  - ~ **Healing through cultural exploration and self-awareness.**
  - ~ **Facilitating education.**
- ~ **Creating a sustained healing journey that leads to people accessing more key determinants of health (including social support networks, personal health practices, coping skills).**

## The Fire Pit's Philosophy

The healing journey experienced at the Fire Pit is aimed at moving a person along a path from being at-risk toward a place of less risk. The Fire Pit walks with people along this path by providing support and resources through the following stages:

- **Creating a safe environment of comfort and acceptance**
- **Building healthy relationships**
- **Healing through cultural exploration and self-awareness**
- **Facilitating education**
- **Creating a sustained healing journey that leads to people accessing more key determinants of health (including social support networks, personal health practices, coping skills)**

This journey takes both time and a supportive environment. We all want healthier lives. The Fire Pit provides a safe place for people to heal and learn more about themselves.



# The Healing Journey

